

COVID-19 COACH RESPONSIBILITIES

ENGLAND LACROSSE COACHES ARE RESPONSIBLE FOR HELPING TO STOP THE SPREAD OF CORONAVIRUS. THESE GUIDELINES ARE DESIGNED TO ASSIST IN UNDERSTANDING WAYS YOU CAN HELP.

PREPARING FOR A COACHING SESSION



SHOWER AT HOME BEFORE & AFTER A SESSION.



PREPARE & DRESS FOR A SESSION AT HOME.



ONLY COACH IN PERMITTED OUTDOOR SPACES.



BRING OWN LABELLED WATER BOTTLE.



FOLLOW PUBLIC HEALTH GUIDANCE, WASHING YOUR HANDS REGULARLY.



DON'T SHARE EQUIPMENT SUCH AS STICKS OR WATER BOTTLES. ONLY HANDLE YOUR OWN LACROSSE BALLS (MARK THEM UP IF NECESSARY).



KEEP A REGISTER OF PLAYERS ATTENDING A SESSION.



COMPLETE A RISK ASSESSMENT.



FOLLOW THE ENGLAND LACROSSE RECOMMENDED GUIDELINES FOR A SESSION.



TAKE NOTE OF WHO IS WORKING WITH WHO IN SMALL GROUPS (TRACK & TRACE).



ALWAYS MAINTAIN A GAP OF 2M FROM OTHERS.

DO NOT COACH IF YOU EXPERIENCE ANY OF THESE SYMPTOMS.



A HIGH TEMPERATURE.



A NEW, CONTINUOUS COUGH.



A LOSS OF, OR CHANGE TO, YOUR SENSE OF SMELL OR TASTE.

ALWAYS FOLLOW THE LATEST GOVERNMENT AND PUBLIC HEALTH GUIDELINES.

WWW.ENGLANDLACROSSE.CO.UK/CORONAVIRUS

