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| Event | Date | Time | Details |
| St Helen and St Katharine | Sunday 7th July | **10am – 3pm**  Coaching clinic: 10am – 12pm  Umpiring clinic: 1pm – 3pm | Coaching clinic in the morning followed by umpiring clinic in the afternoon. |
| Queen Anne’s, Caversham | Thursday 22nd August | **10am – 3pm**  Coaching clinic: 10am – 12pm  Umpiring clinic: 1pm – 3pm | Coaching clinic in the morning followed by umpiring clinic in the afternoon. |
| Rendcomb College | Thursday 29th August | **10am – 3pm**  Coaching clinic: 10am – 12pm  Umpiring clinic: 1pm – 3pm | Coaching clinic in the morning followed by umpiring clinic in the afternoon. |
| Berkhamsted | Sunday 1st September | Umpire Clinic 1:  10am – 12pm  Umpire Clinic 2:  1pm – 3pm | 10-a-side tournament, with umpire clinics in the morning and afternoon. |
| England Lacrosse Head Office | Wednesday 4th September | Coaching & Umpiring Theory 6.30pm – 8.30pm | Coaching & Umpiring Theory sessions |

**2018/19 Women’s Rules Training Programme Dates**