



Anti-Doping Policy

Monitoring:
Office Manager

Policy Review:
Reviewed and revised May 2017.
Next review May 2018.

Person Responsible:
Chief Executive Officer



English Lacrosse Anti-Doping Policy

English Lacrosse is committed to ensuring that Lacrosse is a drug free sport. Anti-doping programmes across all sports are intended to promote ethically fair and drug-free sport, with the aim of producing athletes who are competing and winning fairly.

English Lacrosse works with **UK Anti-Doping (UKAD)** and **The World Anti-Doping Agency (WADA)** to conduct a comprehensive anti-doping programme that includes education, testing and results management. This document, and the appendices, provides information to players, coaches and support staff on helping them make sensible, informed decisions about competing drug-free, their requirements to comply with anti-doping regulations and the relevant resources required to do this.

English Lacrosse has adopted UK Anti-Doping's anti-doping rules (Appendix 1) in line with the requirements of the WADA Code (Appendix 2). It is important for all athletes, coaches and support staff to familiarise themselves with the anti-doping regulations relevant to their competition to ensure that they are aware of the obligations and requirements placed upon them.

The World Anti-Doping Agency (WADA) was formed in 1999. It globally standardises anti-doping policy, regulation and rules across sports organisations and authorities. The WADA code provides the mechanism for this harmonisation, supported by four International Standards and further models of good practice. The latest version of the WADA Code came into effect on 1st January 2015.

UK Anti-doping (UKAD) is the UK's National Anti-Doping Organisation (NADO), they are the principal advisor to the government on drug-free sport, UKAD is responsible for protecting sport from the threat of doping in the UK. This involves planning, implementing and monitoring the UK's anti-doping policy and implementing effective anti-doping programmes.

The Prohibited List

In order to ensure that all athletes, coaches and support staff are clear on what actually constitutes doping in sport, WADA produces the Prohibited List (Appendix 1). This list is an internationally agreed standard identifying the substances and methods of use that are prohibited within sport. The full Prohibited List can be found in Appendix 1.

Therapeutic Use Exemption (TUE)

Athletes at a certain level are required to submit a TUE application if they wish to use a prohibited substance or method for a legitimate medical condition. There are two types of TUE application form, Standard and Beta-2 Agonist. Both types of application must be supported by detailed medical history and clinical evidence to be considered by the UKAD TUE Committee.

Currently only players at the following levels of competition must hold a valid TUE prior to testing:

- Senior England Representative Teams



Athletes representing National Age Group Squads (U21, U19 & academy) may apply for a TUE retroactively within 10 working days of their selection for testing.

Further information on TUE, guidance notes and resources can be found in the TUE section of the UKAD website, www.ukad.org.uk/about-TUE.