



## Mixed Lacrosse League 2023/24

Dear club,

I am delighted to invite you to register your team to take part in the 2023/24 Mixed Lacrosse League. Please read the following information carefully and if you have any questions, please send them to Helen Amos at [h.amos@englandlacrosse.co.uk](mailto:h.amos@englandlacrosse.co.uk). Please complete and return any actions required to the same e-mail address.

### **League Entry Information:**

The mixed leagues are administered centrally by Helen Amos (EL Lead for Competitions). Please use the following contact information: e-mail [h.amos@englandlacrosse.co.uk](mailto:h.amos@englandlacrosse.co.uk); mobile 07743894489

For 2023/24 season, entry for the England Lacrosse (EL) Mixed Leagues will be open to all England Lacrosse affiliated clubs and universities. Teams will then be split into local/regional based leagues depending on geographical spread of the entries.

Once all team entries have been received a fixtures list will be sent to team captains. Teams will be responsible for sourcing and booking facilities for their home games and arranging transport for away games. If you need assistance with either of these requirements, please don't hesitate to get in touch.

**Umpires:** **Home** teams are required to provide 2 umpires per game. Umpires should be qualified with a minimum level 1 women's umpiring qualification. Level 1 umpiring courses can be accessed online via the England Lacrosse website.

All teams in a league will play each other both home and away, before entering regional/national play offs. Further information about forfeiting and point deductions for failing to produce a team will be available in the rules document.

All players competing in the EL Mixed Leagues must be aged 16 or over.

Entry Cost = **£95 per team**

## **ENGLAND LACROSSE**

[www.englandlacrosse.co.uk](http://www.englandlacrosse.co.uk) | National Squash Centre, Rowsley Street, Manchester, M11 3FF | 0161 974 7757 | [info@englandlacrosse.co.uk](mailto:info@englandlacrosse.co.uk)

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**Individual Membership:**

In order to compete in the mixed lacrosse leagues all players, coaches and officials in your team must be registered members of England Lacrosse, completed via the [England Lacrosse Website](#). Guidelines on how to challenge players/teams if you believe someone is not registered will be published before the start of the season.

**Registration:**

If you would like to enter the league, please do so at [this link](#). Registration will close on **Tuesday 29<sup>th</sup> August**.

Any questions please don't hesitate to get in touch.

Kind Regards,

**Helen Amos**  
**Lead for Competitions**

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